#### Rare disease day 2019



28th february Maastricht Simon Kleijkers

#### Content

- Role of general practitioner in the Netherlands
- General practitioner and rare diseases
- White Ravens

# Dutch health care system

- Different levels
- General practitioner gatekeeper
- Referral GP required to consult a specialist

# **General practitioner**

- Important signal function
- GP knows his patients
- Fulltime GP 2095 patients

#### GP and rare diseases

- 100-150 patients with a rare disease
- Expertise?
- Treatment? Support?

### GP and rare diseases

- Important signal function
- Different diagnostic tools:
- Awareness
- 'Plus' sign
- Family anamnesis
- Referral note

#### GP and rare diseases

**GUT FEELING** 

**Somatic Unexplained Physical Complains** 

**Unbearable Unkown Disease** 

### My experiences



## White ravens

# Group of general practitioners southern part of Limburg

**Investigations without results** 

UUD feeling  $\rightarrow$  search!

### Take home messages

#### General practitioner important signal function

UUD

Introduction White Raven group